

OVERVIEW OF ST ANDREW'S JUNIOR COLLEGE'S SEXUALITY EDUCATION PROGRAMME FOR 2024

1. Sexuality Education is delivered in a holistic manner through the school curriculum. The content for Sexuality Education is grouped into five main themes: Human Development, Interpersonal Relationships, Sexual Health, Sexual Behaviour, and, Culture, Society and Law. You may click <https://go.gov.sg/moe-sexuality-education-scope> for more information on the scope of Sexuality Education in the school curriculum.

Sexuality Education:

2. The focus for Sexuality Education at Pre-University is on respectful relationships. Specifically, the JC/MI package covers themes of Interpersonal Relationships, Sexual Health, Sexual Behaviour, and Culture, Society and Law woven into the main focus on relationships.

At St Andrew's Junior College, the following Sexuality Education lessons will be taught in 2024:



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2024 SEXUALITY EDUCATION LESSONS IN CCE 2021 JC 1

MODULE / THEME	LESSON TITLE / DURATION	Lesson Overview	TIME PERIOD
Developing Healthy Relationships/ Theme 3B 'Sexual Health and Behaviour'	What Are Your #relationshipgoals? (60 mins)	<i>What are unhealthy relationships and who can I turn to if I need help? How does one manage aggression, both physical and emotional, in relationships?</i> In this lesson, students will learn to navigate challenges in a dating relationship. This includes identifying unhealthy relationships, when to seek help, who to turn to for support and to appreciate that one can emerge stronger and be better prepared for future relationships. Students will have a deeper understanding of what dating and family violence entails and be reminded of the importance of respect for others.	Term 3 Week 7
	If Not Now When (Part 1) (60 mins)	<i>Are values such as abstinence of sexual activity before marriage still valid in the world today? Why? Is abstinence a reasonable choice?</i> In this lesson, students examine issues related to abstinence and explore the balance between being free to make personal choices and being responsible for the consequences of their choices. They will understand that, in the face of conflicting voices and perspectives, they need to focus on integrity, and choose to act in accordance with sound values and moral principles. In so doing, students learn to make responsible decisions for self and others, and think through the consequences of doing so.	Term 3 Week 8

MODULE / THEME	LESSON TITLE / DURATION	Lesson Overview	TIME PERIOD
	<p>If Not Now When (Part 2)</p> <p>(60 mins)</p>	<p><i>Is one's personal choice more important than considering the impact and consequences of one's choice on others?</i></p> <p>In this lesson, students examine issues related to abortion and the impact of sexually transmitted infections (STIs), and understand that one has to make responsible decisions for both self and others.</p> <p>Students are also taught to consider sexual abstinence before marriage to remove any risks that come with casual sex. The lesson will also focus on being a source of support for others who may be pregnant or have STIs.</p>	Term 3 Week 9



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2024 SEXUALITY EDUCATION LESSONS IN CCE 2021 JC 2

MODULE / THEME	LESSON TITLE / DURATION	LESSON OVERVIEW	TIME PERIOD
Developing Healthy Relationships/ Theme 3C 'Society, Culture and the Law'.	Why is Voyeurism Wrong? (60 mins)	<p><i>Is voyeurism wrong? Why?</i></p> <p>In this lesson, students will examine the relationship between rights and responsibilities by exploring societal expectations, the laws that protect teenagers from sexual crimes, and the legal consequences of inappropriate sexual behaviour.</p> <p>Students will examine what makes voyeurism wrong, learn the importance of the law as signposts for desired behaviours and conduct in society, and the importance of one's moral compass in responsible decision-making and choosing to do what is right.</p>	Term 2 Week 8
	Overcoming Stereotypes (60 mins)	<p><i>How does the media portray gender and relationships? How do societal influences affect our understanding of gender stereotypes?</i></p> <p>In this lesson, students will recognise that some segments of society may inaccurately reflect the efforts needed to maintain healthy relationships, leading to skewed assumptions of sexual messages and connotations within relationships.</p> <p>Students will understand how societal influences can skew one's understanding of gender stereotypes (e.g. boys should not cry, and are to suppress emotional sensitivity so as not to seem weak; girls are physically weak and unathletic, and downplay achievements so as to fit in), which can affect interactions and relationships in ways that are harmful to themselves and others.</p>	Term 2 Week 9

eTeens Programme:

6. *eTeens* is a programme developed by Health Promotion Board, in collaboration with the Ministry of Education, to provide JC/MI Year 1 students with accurate information on STIs/HIV and protection from a health perspective. The desired outcome of the *eTeens* programme is that students are empowered to make wise, informed and sensible decisions.

7. Students learn the health, social and financial implications of STIs/HIV on an individual and the family, and the importance of responsible decision-making and seeking help. Abstinence and upholding family values are the key messages.

At St Andrew's Junior College, the *eTeens* programme will be implemented as follows in 2024:

Topics/Lessons	Programme Learning Objectives	Time Period
Mass Talk by HPB appointed vendor	<ul style="list-style-type: none"> • infectious diseases (STIs and HIV) • modes of transmission for STIs and HIV • modes of protection against infection, specifically abstinence and the correct and consistent use of condoms • consequences and impact of being infected with STIs/HIV • ways of managing the impact of STIs 	Term 3 Week 2

INFORMATION FOR PARENTS

8. Parents may opt their children out of Sexuality Education and/or supplementary Sexuality Education programmes by MOE-approved external providers.

9. Parents who wish to opt their children out of the Sexuality Education lessons need to complete an opt-out form. More information is available on the letter sent out via Parents Gateway.

For parents without the Parents Gateway, you can fill in the form via <https://go.gov.sg/sajc-sed-opt-out2024>

The completed form is to be submitted by 08/03/2024.

10. Parents who wish to opt their children out of the **eTeens programme** need to complete an opt-out form. More information is available on the letter sent out via Parents Gateway.

For parents without the Parents Gateway, you can fill in the form via <https://go.gov.sg/sajc-eteens-opt-out-2024>

The completed form is to be submitted by 08/03/2024.

11. Parents can contact the school at 6285 7008 (Mr. Jae Chia ext 264) for discussion or to seek clarification about the school's Sexuality Education programme.